

# Ways to fundraise

## Fundraising with friends & family

Organise a fun get-together and raise money whilst enjoying time with those you love. How about hosting a BBQ, picnic, or dinner party? You could add a competitive element by awarding prizes for the best dishes! If you fancy doing something more active, what about arranging a sponsored walk, run, or cycle ride? You could make it even more entertaining by choosing a theme and doing it in fancy dress! For something a little more laid back, perhaps a pamper evening or movie night could be for you.

## Community groups

If you belong to a social club, interest or hobby group, you could help to support us together. How about putting on a fundraising fete or fair? Or for something a little smaller, a coffee morning or afternoon tea.

We are on hand to help you with whatever type of event you would like to organise and can provide you with support materials and advice. Staff can also visit your group to give an informative and interesting talk about the charity's work and how your fundraising can help.

## Fundraising at school

Get together with your fellow students and organise some fun activities. How about having a non-uniform or fancy dress day and asking everyone to donate to take part? You could compete with your friends in a sports contest, or talent show.

Organise a bring & buy event, or a bake sale. Make it easy and fun for people to take part by setting some simple rules or providing a theme. For example, you could ask everyone to bring in unwanted items to sell for £1.00 each, or to bake cupcakes to be judged by a teacher.

## Giving in celebration

Make fundraising for us part of your special occasion by requesting donations in lieu of presents for a birthday or anniversary. One of the easiest ways to do this is to set up an online fundraising page, so even guests who can't attend your celebration can still give! If you are getting married; why not request donations instead of gifts, or donate to us instead of providing favours for your guests?

## Fundraising at work

Get your colleagues to donate for a 'dress down', or fancy dress day each month. Mix it up and keep people engaged by setting themes such as colours to wear, or celebrities to dress up as.

Everyone has a vice, so why not give something up for a while and get sponsored to do so? How about that morning latte, or afternoon piece of cake? Chatterboxes could try a sponsored silence! Tech-addicts – could you go a week without using your mobile phone?

If you and your team are up for a more physical challenge; how about a fun run, or facing your fears by doing a skydive? There are also lots of local running and cycling events that you can register for and raise sponsorship money. Please see our 'Corporate Supporters' document for more information on how you can support us in your workplace.

# Fundraising Ideas

## Sport and active

- Walk, jog or run
- Trek or climb
- Cycle
- Swim
- Dance-a-thon or Zumba-thon
- Obstacle course
- Football, darts or pool tournament
- Golf day
- Dog walking
- Car washing



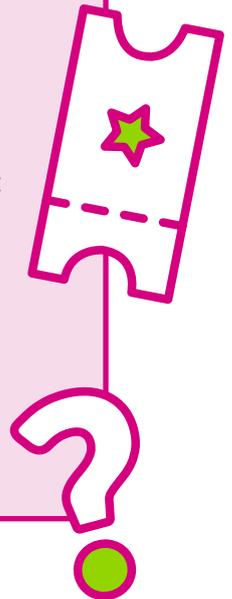
## Creative

- Sale of crafts – e.g. handmade cards, knitted items, crochet
- Bake sale
- Art sale
- Fashion show



## Fun and games

- Fete or fair
- Guess the name of the teddy / number of sweets in a jar
- Board or computer game event
- Bingo
- Disco party
- Quiz night
- Treasure hunt
- Murder mystery evening
- Comedy night
- Raffle, auction or tombola



## Daring

- Skydive
- Abseil
- Zipwire
- Head or beard shave
- Leg or back wax



## Musical

- Choir or band performance
- Music festival
- Karaoke or open-mic night
- Busking
- Talent show
- Barn dance



## Take it easy

- Coffee morning
- Afternoon tea
- Pamper evening
- BBQ or picnic
- Ironing
- Movie night
- Give something up
- Sponsored silence

