

Living Well Community Hub at Priscilla Bacon Lodge



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The Living Well Community Hub at Priscilla Bacon Lodge provides outpatient treatment to patients with life-limiting conditions or requiring palliative care.

Being diagnosed with a terminal or life-limiting health condition can have a huge impact on you, and your loved ones. You might be feeling anxious about how your life will change.

Our aim is to help you adapt to these changes and find ways to cope, so that you can live as well as possible. We will spend time getting to know you as an individual, so we can provide a holistic care package that's as unique as you are.

The Living Well Community Hub is delivered in partnership by Norfolk Community Health & Care NHS Trust (NCH&C) and the Priscilla Bacon Hospice Charity.

Referral to the Living Well Community Hub is by Healthcare Professional; please speak to your care team for more information.



Our Services

At the Living Well Community Hub, we provide access to a wide range of treatments and therapies on an outpatient basis. As well as helping you to manage any symptoms associated with your life-limiting diagnosis, we can also provide you and your loved ones with access to mental health and wellbeing support.

Support available through the Living Well Hub Community Hub includes:

- **Symptom management: including breathlessness clinic, occupational therapy, and physiotherapy**
- **Exercise groups**
- **Counselling and bereavement services**
- **Spiritual and religious support**
- **Music therapy**
- **Complementary therapies: including massage, aromatherapy, and reiki**
- **Wellbeing sessions: including craft, relaxation, and time outdoors**
- **Support groups for you and your loved ones**

Care is provided through a mix of one-to-one and group sessions. The team at the Living Well Community Hub consists of NHS clinicians, alternative therapists, counsellors, support workers, our multi-faith chaplaincy team, and volunteers.





About Us

The Living Well Community Hub is a partnership between NCH&C and the Priscilla Bacon Hospice Charity.

NCH&C provides the core NHS services at Priscilla Bacon Lodge; including nursing, medical care, and therapies such as physiotherapy and occupational therapy.

The Priscilla Bacon Hospice Charity provides aspects that enrich patient care; such as complementary therapies, music therapy, enhanced catering, and maintenance of the beautiful gardens at Priscilla Bacon Lodge.

Contact Us

Living Well Community Hub
Priscilla Bacon Lodge
Century Place
Colney
Norwich
NR4 7YA
01603 776600